ds | ergonomics
ds-ergonomics.com

CREATING EFFECTIVE WORKING ENVIRONMENTS

Being

Design with every body in mind

orangebox

Product Description

A range of task chairs focused on ergonomic excellence, but without a host of overly conspicuous controls. Their elegant simplicity and discreet functionality allows them to effortlessly blend into the contemporary workplace.

The longer we spend in a seated position, the more important the fit of the seat we're in becomes. It can have a positive or negative effect on our posture and joints, line of sight, wrist and neck comfort, as well as eye strain, blood circulation – even on our digestive systems. And, just as we wouldn't walk for miles in ill-fitting shoes, or go to sleep each night in a bed that's lumpy and too short, we shouldn't be sedentary for extended periods without having the right level of comfort or support in place.

By supporting people to perform specific tasks in healthier, safer and more rewarding ways, ergonomics doesn't just help reduce absenteeism but can also help overcome presenteeism.

Welcome to Being me and Being us.

Being Me can be precisely tailored to help meet the needs of anyone with specific seating requirements or for those people who spend more of their time at a dedicated workstation.

Being Us shares the same visual design but is more of a general use task chair, with solid ergonomic features to suit most people and help them to stay healthy and productive within more agile working environments.

With mobile technology & shared workspaces becoming increasingly common, the need for simple, adaptable seating is more important than ever. All too often though, chairs with overly complex adjustments & confusing controls mean we rarely get the best support possible.

The intelligent weight balancing mechanism at heart of the Being chair ensures its quickly & simply adapted to suit a wide range of body types. The integrated adjustments for the back, seat and arms are easy to find and intuitive to use. All of this comes in a chair that doesn't compromise on aesthetics or quality, with a soft and tactile design that looks great and is built to last.

Being is available with two sizes of seat cushion that are completely interchangeable, without the need for specialist tools or training.

With so much of the ergonomic functionality being cleverly confined to the inside of the chair, we've ensured that your comfort is your business. Whilst the Being range doesn't automatically announce to the rest of the office that you require a 'special' solution, its great adaptability means it can be tailored to deliver the right fit, whatever your body type or needs.

With a shared visual design, Being Me and Being Us work alongside each other seamlessly. Both are available with versatile upholstery options that allow you to define a personality for the chair that fits perfectly with your einterior scheme.

Image BEING-ME-HBA

Product Range

BEING-ME-HB
Task Chair

H980 [H39] W660 [W26]
D660 [D26] SD470 [SD19]
SH418-530 [SH16-21]

BEING-ME-HBA
Task Chair with Arms

H980 [H39] W660 [W26]
D660 [D26] SD470 [SD19]
SH418-530 [SH16-21]

BEING-ME-HBH
Task Chair with Headrest

H1060 [H42] W660 [W26]
D660 [D26] SD470 [SD19]
SH418-530 [SH16-21]

BEING-ME-HBHA
Task Chair with Headrest and Arms

H1060 [H42] W660 [W26]
D660 [D26] SD470 [SD19]
SH418-530 [SH16-21]

BEING-ME-HBC
Counter Height Chair

H1220 [H48] W660 [W26]
D660 [D26] SD470 [SD19]
SH418-530 [SH16-21]

BEING-ME-HBCA
Counter Height Chair with Arms

H1220 [H48] W660 [W26]
D660 [D26] SD470 [SD19]
SH418-530 [SH16-21]

BEING-US-HB
Task Chair

H980 [H39] W660 [W26]
D660 [D26] SD470 [SD19]
SH418-530 [SH16-21]

BEING-US-HBA
Task Chair with Arms

H980 [H39] W660 [W26]
D660 [D26] SD470 [SD19]
SH418-530 [SH16-21]

BEING-US-HBH
Task Chair with Headrest

H1060 [H42] W660 [W26]
D660 [D26] SD470 [SD19]
SH418-530 [SH16-21]

BEING-US-HBHA
Task Chair with Headrest and Arms

H1060 [H42] W660 [W26]
D660 [D26] SD470 [SD19]
SH418-530 [SH16-21]

BEING-US-HBC
Counter Height Chair

H1220 [H48] W660 [W26]
D660 [D26] SD470 [SD19]
SH418-530 [SH16-21]

BEING-US-HBCA
Counter Height Chair with Arms

H1220 [H48] W660 [W26]
D660 [D26] SD470 [SD19]
SH418-530 [SH16-21]

mm[”]

SH - Seat Height — SD - Seat Depth

Product Specification - Being Me

Standard Product Description

Castors: 60mm Hard Black Castors available as standard.

Base: Black Nylon base.

Mechanism: Synchronous mechanism with seat angle adjustment.

Gas Lift: Standard Gas Lift.

Arms: Multi adjustable arms available as standard.

Lumbar Support: Air cell lumbar support.

Seat: Sliding seat available as standard.

Upholstery: Standard upholstery.

Optional Upcharges

Castors: 65mm Black Castors (hard or soft) or 65mm Brake Unloaded Black Castors (hard or soft) available as an upcharge.

Glides: Glides available as an upcharge.

Gas Lift: Low Gas Lift available as an upcharge.

Arms: Multi Adjustable Arms with width adjustment.

Seat: Shallow Sliding Seat or Coccyx Cutout available as an upcharge.

Upholstery: Comfort Upholstery or Two Tone Upholstery options.

Option 1 – Seat in fabric choice 1 and Back in fabric choice 2.
Option 2 – Seat Upper & Back Inner panels in fabric choice 1. Back rear & seat side panels in fabric choice 2.

If vinyl upholstery is required, the luxury upholstery upcharge will be incurred.

Product Certification

Intertek Sustainability Clean Air Product Certification
Clean Air certification provides proof that products have been independently tested and found to conform to VOC standards and to the ANSI/ BIFMA Furniture Emissions Standards. All Orangebox products* have achieved Gold certification, excluding laminate products which achieve a Silver certification.
*With the exception of Fielding Tables.

BS EN ISO 9241, 1999
Ergonomic requirements for office work with visual display terminals (VDT's).
Part 5: Workstation layout and postural requirements.

BS EN 5459-2:2000 + A2:2008
Specification for performance requirements and tests for office furniture.
Part 2: Office pedestal seating for use by persons weighing up to 150kg and for use up to 24 hours a day.

BS EN 1335
Office work chair, 2000.
Part 1: Dimensions, determination of dimensions. It is also certified that this chair is considered to be Type B as outlined in BS EN 1335-1.

BS EN 1335-2: 2009
Excluding Clauses 4.4 & 5.

Product Specification - Being Us

Standard Product Description

Castors: 60mm Hard Black Castors available as standard.

Base: Black Nylon base.

Mechanism: Mechanism with Travel Limiter and Comfort Regulator.

Gas Lift: Standard Gas Lift.

Arms: Height Adjustable Arms available as standard.

Seat: Sliding seat available as standard.

Upholstery: Standard upholstery.

Optional Upcharges

Castors: 65mm Black Castors (hard or soft) or 65mm Brake Unloaded Black Castors (hard or soft) available as an upcharge.

Glides: Glides available as an upcharge.

Arms: Multi Adjustable Arms with width adjustment.

Lumbar: Air Cell Lumbar Support available as an upcharge.

Upholstery: Comfort Upholstery or Two Tone Upholstery options.

Option 1 – Seat in fabric choice 1 and Back in fabric choice 2.
Option 2 – Seat Upper & Back Inner panels in fabric choice 1. Back rear & seat side panels in fabric choice 2.

If vinyl upholstery is required, the luxury upholstery upcharge will be incurred.

Product Certification

Intertek Sustainability Clean Air Product Certification
Clean Air certification provides proof that products have been independently tested and found to conform to VOC standards and to the ANSI/ BIFMA Furniture Emissions Standards. All Orangebox products* have achieved Gold certification, excluding laminate products which achieve a Silver certification.
*With the exception of Fielding Tables.

BS EN 5459-2:2000 + A2:2008
Specification for performance requirements and tests for office furniture.
Part 2: Office pedestal seating for use by persons weighing up to 150kg and for use up to 24 hours a day.

BS EN ISO 9241, 1999
Ergonomic requirements for office work with visual display terminals (VDT's).
Part 5: Workstation layout and postural requirements.

BS EN 1335-2: 2009
Office work chair, 2000.
Part 1: Dimensions, determination of dimensions.

Operating Instructions - Being Me

Seat Height

When sat in the chair, pull the right hand control paddle up and either press your weight down or slightly lift up from the seat to adjust the height. Release the control to lock the seat at the desired height.

To help keep your pelvis upright and your spine aligned in a natural 'S' shape, thigh to torso angle should be 90° or slightly more.

Seat Depth

When sat in the chair, pull the right hand control lever out (positioned at the front of the seat) and slide the seat forwards or backwards into the desired position. Release the control to lock the seat at the required depth.

To ensure adequate thigh support without obstructing leg movement, up to three fingers gap should be left between the front of the seat and the back of your knees.

Back Height & Inflatable Lumbar-Cell

To adjust the back height, grip the back and lift up. Make sure the height is set to ensure the pronounced curvature of the backrest sits in the small of the back. Pull the backrest to the top and it will return to the lower point.

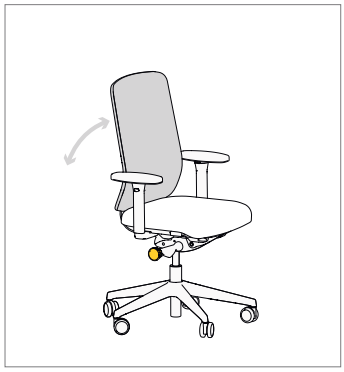
The lumbar area of the backrest can be inflated to the desired shape by squeezing the bulb repeatedly. To reduce the size, press the button just above the bulb. The support should fill the area around the belt line without any gaps but not over inflated to feel too hard.

The backrest should support the natural 'S' shape of the spine.

Headrest Adjustment (optional)

To adjust the head rest grip it underneath and pull up or push down the achieve the correct height. The headrest can be adjusted in depth by rotating the padded area to suit. There is also a thumb screw to loosen off the articulated arm section if you need more or less reach. Once in position, tighten up the thumb screw.

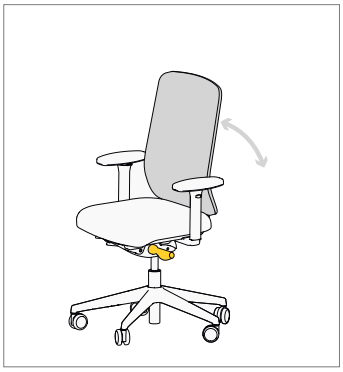
Ensure it's positioned to support the nape of your neck when you are sat in the upright working position.



Back Recline Tension

To balance the chair to suit your body weight, turn the body weight control - clockwise to increase and anti-clockwise to decrease the resistance. Make sure when the chair is unlocked that it's not too hard to recline, or too weak that you don't feel supported.

You can lock the back into position by pulling up the back lock paddle.



Back Lock

When sat in the chair, pull the paddle up on the left hand side to lock the chair in one of 4 positions from upright to fully reclined.

Keeping the chair unlocked most of the time will allow you to make full use of the chairs movement, improving blood circulation.

Arm Adjustment

Press in the button on the outside of the arm and move the arm up or down into the desired position. Release the button to lock in position. The arm pad can be rotated 180° by pressing the button close to the pad on the inside of the arm to increase or decrease arm pad width.

Make sure your shoulders and upper arms are relaxed by your side, and the forearms are at right angles when the arm pads are just touching your forearms.

Arm Width

Pull down the lever on the underside of the arm bar and slide the arm outwards. Lock the arm width into position by pulling the lever upwards.

You can adjust the angle of the arm pad by pressing the button on the inside of the arm and twisting the pad into position. The arm pads can also be pushed backwards.

Operating Instructions - Being Us

Seat Height

When sat in the chair, pull the left hand control paddle up and either press your weight down or slightly lift up from the seat to adjust the height. Release the control to lock the seat at the desired height.

To help keep your pelvis upright and your spine aligned in a natural 'S' shape, thigh to torso angle should be 90° or slightly more.

Seat Depth

When sat in the chair, pull the right hand control lever out and slide the seat forwards or backwards into the desired position. Release the control to lock the seat at the required depth.

To ensure adequate thigh support without obstructing leg movement, up to three fingers gap should be left between the front of the seat and the back of your knees.

Back Height

To adjust the back height, grip the back and lift up. Make sure the height is set to ensure the pronounced curvature of the backrest sits in the small of the back. Pull the backrest to the top and it will return to the lower point.

You can use the inflatable lumbar pumps to fine tune the amount of additional lumbar padding you may need.

Back Recline Tension & Limiter

To balance the chair to suit your body weight, turn the body weight control (which is situated under the front of the chair) clockwise to increase and anti-clockwise to decrease the resistance. Make sure the chair is not too hard to recline, or too weak that you don't feel supported.

You can limit the recline by pulling up the back lock paddle.

Arm Adjustment

Press the button in on the underside of the front of the arm and move the arm up or down into the desired position. Release the button to lock in position.

Make sure your shoulders and upper arms are relaxed by your side, and the forearms are at right angles when the arm pads are just touching your forearms.

Headrest Adjustment (optional)

To adjust the head rest grip it underneath and pull up or push down the achieve the correct height. Ensure it's positioned to support the nape of your neck when you are sat in the upright working position.

The headrest can be adjusted in depth by rotating the padded area to suit. There is also a thumb screw to loosen off the articulated arm section if you need more or less reach. Once in position, tighten up the thumb screw.

Upholstery Options

Standard

Back and seat in the same fabric choice.
Seat cover is one piece - no panels.

Two Tone Option 1

Seat in fabric choice 1, Back in fabric choice 2.
Seat cover is one piece - no panels.

Two Tone Option 2

Seat upper & back inner panels in fabric choice 1.
Back rear & seat side panels in fabric choice 2.